

SCAAP Regional Symposium: San Diego Date: October 18th, 2024

Session Descriptions

Topic: The Activities Critical Element Pathway, An Evidence-Based Tool for Measuring Program Compliance in Senior Living. Bring your questions to a Former CDPH Surveyor

Speaker: Wendy S. Hall Graca, RN, BSN, Retired CDPH Surveyor **Lecture**

Description:

Attendees will learn how the health facility oversight review focuses on the evidence-based Federal Activities Critical Element Pathway (CEP). The CEP includes direct observations, resident, family & staff interviews, record reviews, and compliance determination criteria that can be adapted for all levels of senior living for quality assessment purposes. Other CEPs that crossover into Activities will be highlighted, including Dementia Care, Nursing & others.

Topic: Strategies for Fall Prevention, Balance Matters, and Effective Use of the Bingocize Program

Speakers: Carolyn Kendle, MPH, Community Health Program Specialist Aging & Independence Services, County of San Diego Health and Human Services Agency

Paige Colburn-Hargis, Injury Prevention Program Coordinator for the Trauma Center at Scripps Memorial Hospital, La Jolla **Lecture and Demonstration**

Description:

Featuring: Fall Prevention Presentation, Bingocize Demonstration Class, and Balance Matters Fall prevention education is crucial for activity staff as it can help seniors reduce the risk of falls, which can have serious health and quality of life consequences. This presentation will help identify fall risks and how to prevent them. It will include information of Balance Matters and Bingocize. Bingocize isn't just another health program, it's a vibrant fusion of fitness and health education that seamlessly incorporates the beloved game of Bingo.

Topic: Activity Professionals Becoming Nationally Board Certified

Speaker: Joan Flannigan, AC-BC, CMIS-I, APNCC, SCAAP, SDHCA, ADGSD Board **Lecture**

Description:

Attendees will learn what they need to know to become a National Board Certified Activity Professional by the health care industry's mark of excellence that is recognized by CMS. APNCC certification shows that the professional has met established standards of knowledge, skills, and competence in providing meaningful activities that enhance residents' quality of life.

Topic: Benefits of Sound for Therapeutic Healing

Speaker: John Freeman, Sound Healing Therapist **Lecture/Demonstration**

Description: This session will provide attendees with sound meditation techniques with information on how it helps people reduce tension, anger, fatigue, anxiety, and depression while increasing a sense of spiritual well-being.